



St Mary's Church, Eling

This began as a wooden Anglo-Saxon building in the 11th century.

Later it became a simple stone structure, built by the Normans. It has been extended and altered throughout the years.

The bells are still rung on special occasions, though the original bells were stolen in 1691. Six were replaced in 1775, and two in 1977 to celebrate the Queen's Silver Jubilee.

Leaving St Mary's Church from the front, turn right down the hill towards the Eling Tide Mill Experience.

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The earliest known mill in Eling is recorded in the 1086 Domesday Survey. You can explore the mill's story in the Visitor Centre and see flour being made in the mill the same way it has been for hundreds of years.

Eling Lane, Totton
Hampshire SO40 9HF



A walk around Eling Tide Mill Experience

A medium walk around Eling Tide Mill Experience. Mostly footpaths and tarmac - this walk is fully accessible for wheelchairs and pushchairs. Rough uphill track to St Mary's Church, which is optional. 1.5km in total.



elingtidemillexperience.co.uk

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Start at the picnic area next to the Toll Bridge Booth

The starting point for this walk is the picnic area located next to the Toll Bridge Booth, Hampshire's last medieval toll.

From here, follow the footpath alongside the water.



Because of the tides, the level in the millpond is always changing. It is never empty because of the freshwater feed from Bartley Water - a small river running from the New Forest through Eling towards the sea.

You'll be able to see a small island in the millpond, where swans nest each year. In previous centuries, it was rented out, probably for the thatching reeds which grow here.

When you reach the small wooden bridge on the left (below), cross it.

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Once you have crossed over the bridge, take the left path (above). The footpath turns into a board walk, built with viewing platforms and high enough to avoid spring tides. Continue on as the board walk turns into a path passing under oak trees over 100 years old.

The path leads you through St Mary's cemetery and into the car park.

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At this point, you can turn left and return over the Toll Bridge, or cross the road diagonally and take the road to Goatee Beach.

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Goatee Beach

Passing the play Pirate's Ship on the right and following the path, you will come to a view over Eling and Bury Marshes - our local Site of Special Scientific Interest.

Thousands of birds migrate here in winter, living on the salt marshes. You can also see across to Southampton Docks, which have many of their own visitors.

From Goatee Beach, you can retrace your steps back to the Toll Bridge, or you can head uphill through the trees to St Mary's Church.

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